

Sent Sunday Projects

Several projects will take place at **The Village Nashville**.
7224 Old Burkitt Rd. Antioch, TN 37013

Meals of Hope

<https://mealsofhope.org/>

Meals of Hope is a meal-packing program. They will deliver bulk dehydrated enriched food, which will be packed in individual packages for distribution to local schools and Food Pantries. Volunteers will meet at the Village, and will be packing 10,000 meals for local children and families.

Art Helps Cancer <https://www.arthelpscancer.org/>

Art Helps Cancer assists families by alleviating day-to-day concerns so they can focus on fighting cancer. Art from the Heart was started by a local family, to pay it forward after their own journey with cancer. They deliver care packages, arrange for house cleaning, and lawn care and provide meals. Sent Sunday volunteers will pack care packages and decorate cards that will go to local families who are battling various forms of cancer.

Blessing Bags

People experiencing homelessness often lack basic items such as socks, chapstick, water and food. We can all help by keeping a bag or two in our car to share with those we see in our daily travels. Volunteers will pack bags with items such as water, nutrition bars, chapstick and socks. Bags will be available for the following Sundays for everyone to pick and distribute.

Teacher Gifts

The Village also loves our teachers! Volunteers will pack gift bags for teachers at our local schools to show our support and appreciation. Volunteers will be packing Back-to-School gifts for 1600 teachers that we will deliver to 11 local schools.

Supplies to bring for projects at the church: None

Community and School Programs

Cosecha Community Center at Woodbine UMC <https://www.cosecha.community/>
2621 Nolensville Pike, Nashville, TN 37211

Cosecha Community Development center is a grassroots effort created by local churches and residents in the neighborhoods along Nolensville Pike. They create community garden spaces, host a farmers' market, and have literacy and mentoring programs for children and youth in the neighborhood, among other things. They provide language classes in both English and Spanish to facilitate neighbor to neighbor communication. Volunteers will be building a fence to protect children from the nearby street and garden beds for the community garden, so **construction experience is helpful**. They may also help with some gardening and weeding.

Supplies to Bring: Water bottle, sunblock, bug spray, gloves, garden tools, construction tools, hammer, drill, nail gun

Harvest Hands <https://www.harvesthandscdc.com/>
155 Old Hermitage Ave. Nashville, TN

Harvest Hands is a community development center in South Nashville. They offer after school programs that provide safe spaces for Pre-K through 8th grade. They provide lessons related to basic school subjects, but also leadership development, socio-emotional learning, and spiritual formation. Adolescents have the opportunity to learn soap-making and coffee roasting and can work in their nearby social enterprise Humphrey's Street Coffee and Soap. Some of you enjoy the coffee from there every Sunday morning! Volunteers will be cleaning out the empty storefront next door, which will allow them to expand. Volunteers may repair some damaged garden beds used for their herb garden, so **construction experience is helpful**. They will also be cleaning and organizing the library and working in the garden area.

Supplies to Bring: Water bottle, gloves

Traditions Nursing Home [Traditions Nursing Home](#)
7110 Southpoint Parkway
Brentwood, TN 37027

Traditions is the nursing home at the bottom of the hill below our church. They provide senior living, assisted living and memory care. Volunteers will be building a garden bed for residents to work in and enjoy and spruce up and outdoor seating area, so **construction experience is helpful**. There will also be an indoor craft/game activity that they are hoping some children and families will join as the residents love interacting with kids of all ages!

Supplies to Bring: Water bottle, gloves, garden tools, hammer, nail gun, drill

Tucker's House <https://tuckershous.org/>

Sandburg Place, Nashville
Various other locations

Tucker's House is a non-profit organization that adapts homes for children and adults with physical limitations to make their homes safer and more accessible to them. They work with therapists to make sure that space meets the needs of the individual and family in the best way possible. Volunteers will be helping with preparation for an upcoming renovation, as well as providing some follow up assistance such as gardening or small building projects to a number of homes in the area. Tucker's house also makes holiday cards to sell as a Christmas fundraiser. Several of the locations include a craft/card-making activity for children of volunteers to do with the child living in the home.

Supplies to Bring: Water bottle, sunblock, bug spray, garden tools, rakes, gloves, shovels

Village at Glenciff <https://www.villageatglenciff.org/>

2901 Glenciff Rd. Nashville, TN 37211

Village at Glenciff is a new community of tiny homes created to give people experiencing homelessness a place to rest and recovery after hospitalization. They provide healthcare and food, and a safe space to recover. They also work to transition them to long-term housing. The Village church has provided funds for two of the tiny homes. Volunteers will be building picnic benches, working in the garden, and sorting and organizing medical and housing supplies.

Supplies to Bring: Water bottle, sunblock, hammer, screwdriver, drill

Nolensville Kids Triathlon <http://www.tribeat.org/beat-nolensville-kids-triathlon/>

This year is the 7th annual kids triathlon. The event runs from 7:00 to 9:00 starting at the rec center. Volunteers will provide coffee and cheer the kids on. Proceeds go to benefit Harvest Hands.

Because this event starts early, Volunteers will go directly to the Rec Center. Sign up to volunteer with the Triathlon directly here (for issues email Idennison@dennisonactuarial.com):

https://signup.com/mobileweb/2.0/vspot.html?activitykey=6969822019787220120&fs=e&s=cl#anonymous_invite_page

Local Schools

We love our schools! Sent Sunday started with a focus on helping the schools in our area care for children. Volunteers will go to various local schools and provide services such as powerwashing, touch up painting, weeding and trimming, painting and staining, with a few building projects.

Several of the schools also provide backpack lunches throughout the year. Village groups provide weekend backpack meals or snacks to almost 1,00 families a month! Volunteers will pack bags of food to go with children that will last until the holidays.

Supplies to Bring: Location-dependent

Supplies to Bring: Enthusiasm

We also want to keep you up to date with Sent Sunday events and updates and provide you with a Sent Sunday T-shirt. Please register with us as well!